***Par Excellence STEM Academy***

*News*

Breakfast includes 2 grains, milk and a choice of fruit

Monday-Poptart Kit

Tuesday- Donuts

Wednesday- Cereal Bar

Thursday-Honey Bun

Friday-Muffins

Fresh Carrot Sticks

offered Daily

*Breakfast and lunch prepared by Heath City Schools.*

*Menu is subject to change.*

*We cannot guarantee against the presence of trace amount of allergens in the foods contained in this menu.*

*“USDA is an equal opportunity provider*

**Popcorn Chicken**

Mashed Potatoes

w/Gravy

Mixed Fruit

Milk

**Cheeseburger or**

**Hamburger on Bun**

Baked Fries

Pickles

Diced Peach Cup

Milk

**Pizza Hut**

Cheese or Pepperoni

Romaine Salad w/Dressing

Diced Pears

Milk

**Sausage Pancake**

**on a Stick**

Hashbrowns

Carrot Sticks

Choice of Juice

Milk

**Italian Pasta**

**w/Meat Sauce**

Garlic Bread Stick

Garbanzo Beans

Fresh Fruit

Friday Treat

Milk

**Boneless Chicken Wings w/Sauce**

Baked Fries

Pineapple Tidbits

Milk

**Hot Dog on Bun**

Baked Beans

Apple Slices

Potato Chips

Milk

**French Bread Pizza**

**Cheese or Pepperoni**

Romaine Salad w/Dressing

Strawberry Cup

Milk

**Cheeseburger Sliders**

Waffle Fries

Pickles

Fresh Fruit

Milk

**Breaded Chicken Patty**

**Sandwich on Bun**

Baked Fries

Peaches

Friday Treat

Milk

**No School**

**Presidents’ Day**

**Walking Taco**

Taco Meat w/Chips

Shredded Cheese

Seasoned Black Beans

Sliced Peaches

Milk

**Jet’s Pizza**

Cheese or Pepperoni

Carrot Sticks w/Dip

Mixed Fruit Cup

Milk

**Corn Dog on a Stick**

Mac & Cheese

Steamed Peas

Fresh Fruit

Milk

**Chicken Nuggets**

Green Beans

Fresh Fruit

Friday Treat

Milk

**Chicken & Waffles**

Dipping Sauce

Baked Fries

Sliced Pears

Milk

**Popcorn Chicken**

Mixed Veggies

Steamed Rice

Mandarin Oranges

Fortune Cookie

Milk

**Stuffed Crust Pizza**

Cheese or Pepperoni

Romain Salad w/Dressing

Pineapple Chunks

Milk

**Quesadilla**

Refried Beans

Steamed Corn

Fresh Fruit

Milk

**No School**

**Teacher Exchange Day**